

राष्ट्रीय प्रौद्योगिकी संस्थान अगरतला

NATIONAL INSTITUTE OF TECHNOLOGY AGARTALA Jirania, Barjala, Tripura (W:)

NITA/25(2-DSA) Student Activity (FITNESS CLUB)2020 32-42-52 Dated: 01.07.2025

NOTICE

This is for information to all faculty and staff members of NIT Agartala that the Sports Section of NIT Agartala is going to organise a 4-week weight loss, strength and conditioning programme under **FIT INDIA** movement for all faculty and staff members of NIT Agartala from July 1st, 2025 to July 31st, 2025. All faculty and staff members of NIT Agartala may attend the 4-week weight loss, strength and conditioning programme as per the schedule given below.

Date	TIME	VENUE
01/07/2025 TO 31/07/2025	Morning Session - 6 AM TO 7 AM	ABV Sports Complex NITA
	Evening Session – 6 PM TO 7 PM	_

Prof. John Deb Ba (Dean SW-1)

Copy to;

- 1. PS to the Director for kind information of the Director, NIT Agartala
- 2. The Registrar for kind information.
- 3. All Deans for kind information.
- 4. All HODs for kind information.
- 5. Chief Warden & Wardens for information.
- 6. SAS Officer for information and necessary action.
- 7. Dy. Registrar (Admin).
- 8. All Section In charge.
- 9. Estate Manager for information and necessary action.
- 10. System Administrator with a request to upload the notice on the NITA website.
- 11. All Notice Boards.

Dean SW-1)