



# राष्ट्रीय प्रौद्योगिकी संस्थान अगरतला

## National Institute of Technology Agartala

Agartala - 799 046 (Tripura)

NITA/25/(40-DSA)/IND YOGA/2017-18/2301-09


Dated: 18.06.2025

### NOTICE

National Institute of Technology Agartala and Indian Institute of Information Technology Agartala will jointly observe the “**International Day of Yoga**” on 21<sup>st</sup> June 2025. All faculty members, staff and students of NIT Agartala and IIIT Agartala are requested to participate in this program as per the following schedule. The family members of faculty and staff are also cordially invited to join the programme to make it a grand success.

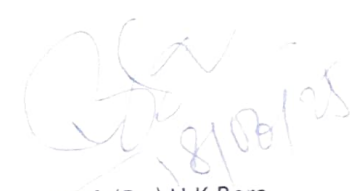
Sl.No.	Date	Programme	Time	Venue
1.	21.06.2025	Assembling for the event	06.30 am	ABV sports complex, NIT Agartala
2.	21.06.2025	Inauguration session	06.45 am	
3.	21.06.2025	Yoga practice session	07.00am -07.45am	
4.		Join the daily yoga session. (100 day yoga challenge)	6.00am to 7.00am	

This is issued with the approval of the competent Authority.

  
Prof. (Dr.) U.K. Bera  
Dean(SW2)

Copy to :

1. P.S. to Director for kind information to the Director NIT Agartala.
2. P.S. to Director for kind information to the Director IIIT Agartala.
3. Registrar for kind information.
4. All Deans for kind information.
5. All HODs of NITA for kind information.
6. Chief Warden for kind information.
7. All Section In charge for kind information.
8. Institute Notice Board.
9. System Administrator for necessary action.

  
Prof. (Dr.) U.K. Bera  
Dean(SW2)